



### Team Offense

Team offense is based on the fundamental skills of dribbling, passing and catching, shooting and offensive rebounding. A coach can present each of these skills and assist in the athlete's individual development. However, skills are just skills until an athlete uses them appropriately and successfully in game play with other teammates. Offense means scoring points making baskets. The ultimate goal of any of the offensive fundamental skills is to assist the athlete and the team in scoring. Certainly the aim of the game of basketball is to score more points than your opponent.

### Athlete Readiness

- Athlete can pass and catch, dribble, shoot and go for the ball.
- Athlete can recognize and work with teammates.
- Athlete does not take the ball away from teammates.
- Athlete recognizes at which basket to score.
- Athlete understands the basic rules of the game.