



## Passing

### Skill Progression – Passing

<b>Your Athlete Can</b>	<b>Never</b>	<b>Sometimes</b>	<b>Often</b>
Attempt to pass a basketball	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pass the ball in any manner and in any direction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pass the ball in any manner to an intended target	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Make a two-handed chest pass in any direction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Make a two-handed chest pass to an intended target	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Make a bounce pass to an intended target	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Make a two-handed overhead pass to an intended target	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Make a lob pass to an intended target	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Make a baseball pass to an intended target	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Participate in team passing drills	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Totals</b>			

### Faults & Fixes Chart – Passing

<b>Error</b>	<b>Correction</b>	<b>Drill/Test Reference</b>
Chest pass is too soft.	Start with elbows close to your body and push your wrist and fingers through the ball.	Target Pass
Bounce pass is too high and too slow.	Start with the ball at your waist and aim for a bounce spot closer to your teammate.	Modify the Target Pass to be a Bounce Pass. Target can be on the floor for bounce or the wall for a target.
Overhead pass is too soft.	Make sure the ball is over your head and not behind it when you start.	Passing Under Pressure
Passes are off target.	First two fingers of each hand should be pointing to the target/person at the end of the pass.	Target Pass