



**Cross Country Skiing & Snowshoe Racing
TRAINING SCHOOL**

This Training School will provide coaches the opportunity to learn skills, which will assist them in training & coaching athletes in Cross Country Skiing and Snowshoe Racing.

DATE: December 29, 2018. Registration deadline is December 20, 2018.

TIME: 10:00am – 2:00pm (end time may vary slightly)

LOCATION: Northland Pines High School
1800 Pleasure Island Rd., Eagle River, WI 54521

CLINICIANS: Steve Meuret and Bonnie Kahn

DRESS: Dress to participate!

RETURN NO LATER THAN December 20, 2018:

Brittany Hoegh, Director of Training

Special Olympics Wisconsin

2310 Crossroads Dr. Suite 1000, Madison, WI 53718

Phone: 608-442-5683, fax: 608-222-3578

bhoegh@specialolympicswisconsin.org

NAME: _____ **AGENCY:** _____

ADDRESS: _____ **CITY & ZIP:** _____

HOME PHONE: _____ **EMAIL:** _____

Are you a registered Class A Volunteer for Special Olympics Wisconsin? YES NO

Have you completed the on-line General Orientation Training? YES NO

Which sport are you interested in?: Snowshoe Racing Cross Country Skiing

Are you? (Please check one): New Coach Experienced Coach – how many years coaching? _____

Are you an Athlete? Yes No If yes, have you completed *Athletes As Coaches*? Yes No

What age group do you work with: Youth Adults

How often do you practice? 1x/week 2-3x/week 4-5x/week

What would you most like to learn about? (Please number 1-4 with 1 being your highest priority)

_____ Overview of rules _____ Training/Practice Tips _____ Sport specific drills _____ Working with athletes

Other: _____