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PHILOSOPHY

Special Olympics is founded on the belief that people with intellectual disabilities can, with proper instruction and encouragement, learn, enjoy and benefit from participation in individual and team sports, adapted as necessary to meet the needs of those with special mental and physical limitations.

Special Olympics believes that consistent training is essential to the development of sport skills, and that competition among those of equal ability is the most appropriate means of testing these skills, measuring progress and providing incentives for personal growth.

Special Olympics believes that through sports training and competition, people with intellectual disabilities benefit physically, mentally, socially and spiritually; families are strengthened, and the community at large, both through participation and observation, is united in understanding people with intellectual disabilities in an environment of equality, respect and acceptance.

MISSION

The mission of Special Olympics Wisconsin (SOWI) is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

***Special
Olympics
Wisconsin***



GENERAL SCHEDULE

Saturday, February 9, 2019		
11:15 a.m. – 2:30 p.m.	Lunch	Venue Sites
11:00 a.m. – 2:00 p.m.	Alpine & Snowboard Competition	Granite Peak
12:00 p.m. – 3:00 p.m.	Snowshoe & Cross Country Ski Competition	Nine Mile Forest
6:00 p.m.	Alpine Awards	Stoney Creek Pines Room (2 nd Floor)
5:00 p.m. – 6:30 p.m.	Dinner Buffet	Stoney Creek Northwoods Ballroom (Salon A-C)
5:00 p.m. – 9:00 p.m.	Souvenir Sales	
7:00 p.m. – 9:00 p.m.	Ceremony/Dance	
9:30 p.m.	Coaches' Meeting	Stoney Creek Pines Room (2 nd Floor)
Sunday, February 10, 2019		
	Breakfast (on own)	
10:00 a.m. – 12:30 p.m.	Competition [Finals]	Nine Mile Forest



COMPETITION SCHEDULE

ALPINE SKIING & SNOWBOARD RACING: Granite Peak at Rib Mountain State Park. *Athletes will compete in bib number order (low to high), regardless of division number.*

Saturday, February 9, 2019

9:15 a.m. – 10:00 a.m.	Coaches check-in at Sundance Chalet
10:00 a.m. – 10:45 a.m.	Course inspection
11:00 a.m. – 2:00 p.m.	Slalom, Giant Slalom, and Super G finals
6:00 p.m.	Alpine/Snowboard awards at Stoney Creek Hotel

SNOWSHOE RACING: Nine Mile Forest

Saturday, February 9, 2019

Time Trials:

12:00 p.m.	4 x 200M (final) 800M (final) 200M (div) Awards to follow
1:00 p.m.	50M (div) 100M (div)
2:30 p.m.	4X100M relay (div)

Sunday, February 10, 2019

Finals:

10:00 a.m.	200M (final)
10:30 a.m.	50M (final)
11:00 a.m.	100M (final)
11:45 a.m.	400M (final) 4x100M relay (final)

CROSS COUNTRY: Nine Mile Forest

Saturday, February 9, 2019

Time Trials:

12:00 p.m.	3K (final)
12:30 p.m.	500M (div)
1:00 p.m.	100M (final) 50M (final) Awards to follow
1:30 p.m.	1K (div)
1:45 p.m.	7.5K (final)

Sunday, February 10, 2019

Finals:

10:00 a.m.	1K (final) Awards to follow
10:45 a.m.	5K (final) Awards to follow
11:30 a.m.	500M (final) Awards to follow
12:15 p.m.	4 X 500M relay (final)

MEAL SCHEDULE & MENU

Please keep in mind that the menu is approximate and some food items may not be available. **Every registered coach, chaperone, and athlete will be served meals only if they are wearing an SOWI State Winter Games ID badge and have a meal ticket.** Menus are anticipated and subject to change.

Saturday, February 9

Lunch: Cross Country Skiers & Snowshoe Racers – Nine Mile Forest
11:15 a.m. – 2:30 p.m.

Choice of two of the following:

Chicken Wrap, Tomato Soup, and Chicken & Wild Rice Soup
There will also be Cookies, Chips, Water, Coffee, and Hot Chocolate.

Alpine Skiers & Snowboarders – Granite Peak at Rib Mountain State Park
immediately following competition

Dinner Buffet: 5:00 p.m. – 6:30 p.m.

Menu is still to be determined.

Refreshments are available at Granite Peak through those facilities (not operated by SOWI).

DIRECTIONS TO VENUE SITES FROM HIGHWAY 51/ I – 39

Stoney Creek Hotel and Conference Center

1100 Imperial Ave, Wausau, WI 54474

(715) 355-6858

Exit for US 51 North and merge onto US 51 Business North. Turn right onto Imperial Ave. Turn left onto Stoney Rivers Drive. Hotel will be on your left.

Granite Peak at Rib Mountain State Park:

3605 Mountain Rd, Wausau, WI 54401

(Alpine Skiing/Snowboard venue)

Exit onto County Road NN and travel west. Stay on Highway NN approximately one mile and turn left on Snowbird Avenue.

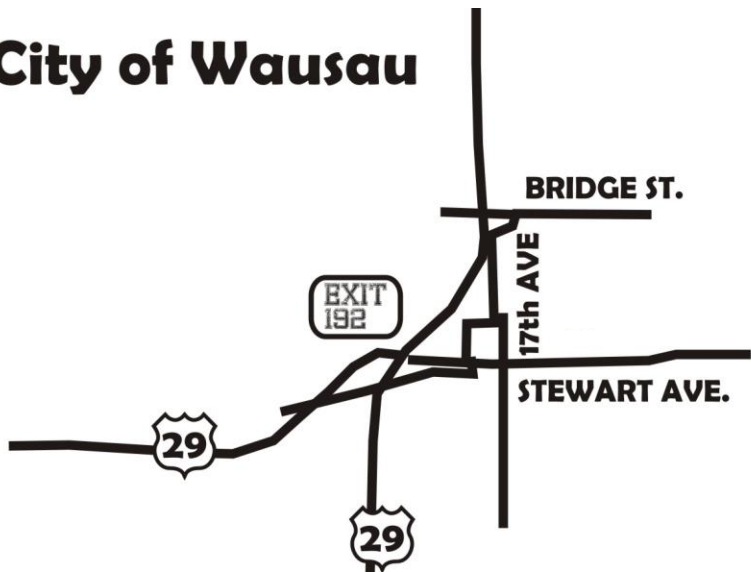
Nine Mile Forest:

8704 Red Bud Road, Wausau, WI 54401

(Cross country skiing/snowshoe racing venue)

From I-39/US 51, take exit 188. Go south on Rib Mt. Drive. At the stop light turn left onto Hummingbird Lane. Hummingbird turns into South Mountain Road. Stay on South Mountain for approximately 3 ½ miles to Red Bud Road. Turn left onto Red Bud Road and drive south 1½ miles to the Chalet Parking lot. Please park in the north parking lot (entrance will be marked with a Special Olympics sign).

City of Wausau



KEY:

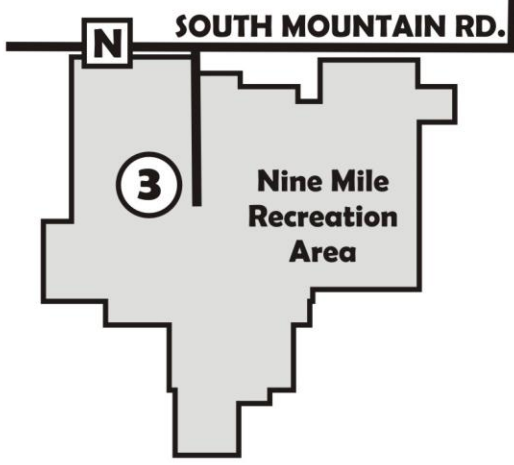
- 2. Granite Peak Ski Area
- 3. Nine Mile Forest

Exits from I-39

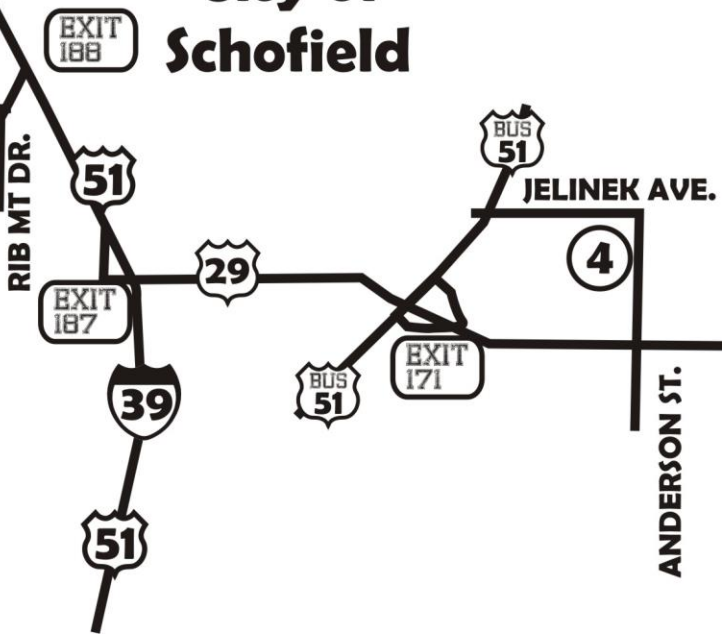
- 190 Granite Peak Ski Area
- 188 Nine Mile forest

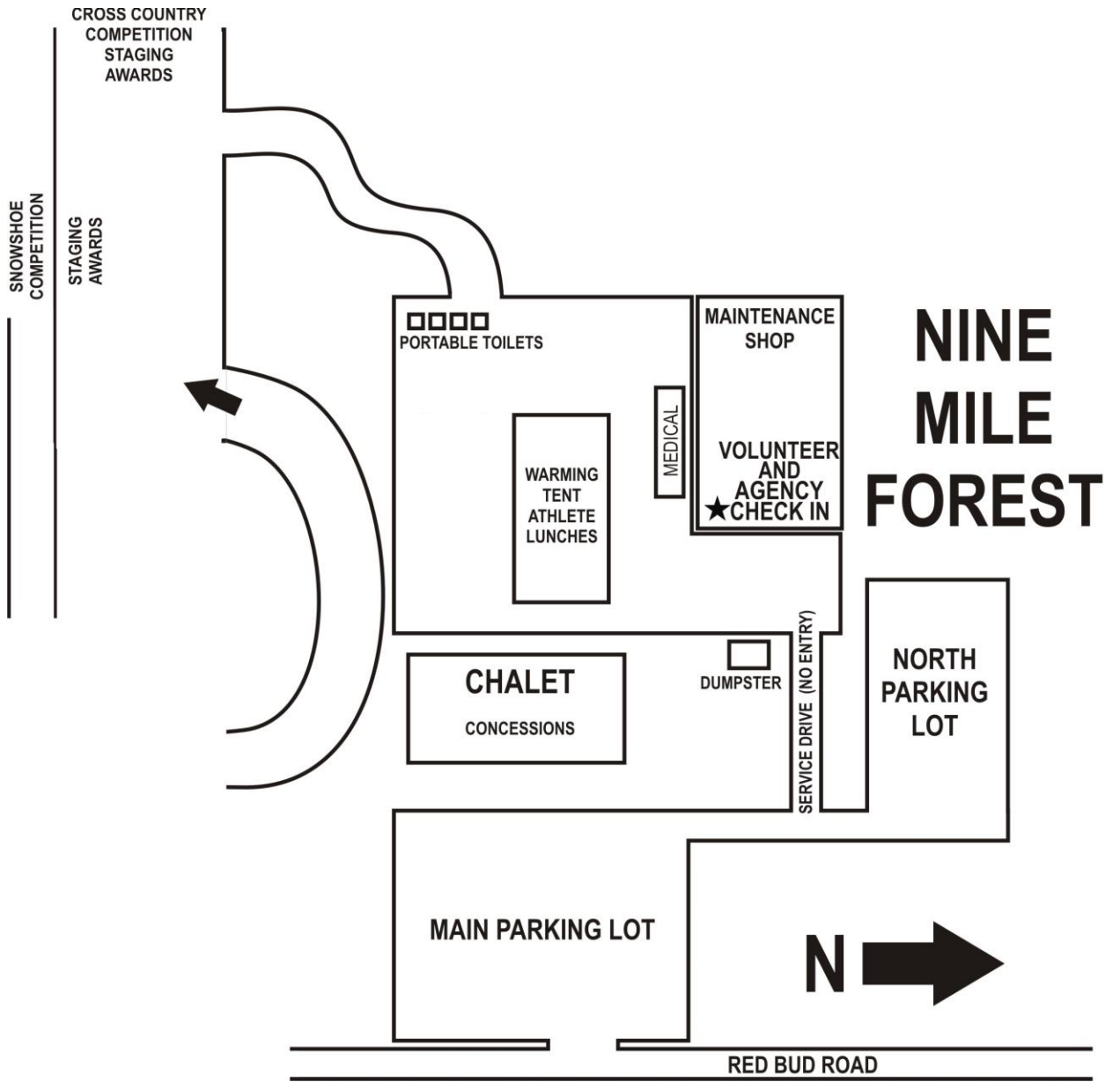


Town of Rib Mountain



City of Schofield





TOURNAMENT INFORMATION

Registration: Please check-in at your sports venue.

Tournament Central (608) 509-4561

(Nine Mile) Saturday: 10:00 a.m. – 2:30 p.m.
Sunday: 9:00 a.m. – 12:00 p.m.

Housing: Stoney Creek Hotel
1100 Imperial Ave, Wausau, WI 54474
(715) 355-6858

All athlete/coach housing accommodations must be made by each agency. SOWI will not be in charge of housing accommodations.

Swimming Pool Regulations:

The Stoney Creek pool and The Lodge waterpark will **NOT** be available to Special Olympics athletes, coaches, and volunteers. Special Olympics, Incorporated requires that a certified lifeguard must be on duty when Special Olympics constituents swim in competition or for recreation. Special Olympics Wisconsin will not have a lifeguard on duty during the State Winter Games, so we ask that you stay out of the pool. We apologize for the inconvenience and will update everyone if this changes.

COMPETITION INFORMATION

Venue Sites

Nine Mile Forest
8704 Red Bud Road
Wausau, WI 54401

Granite Peak at Rib Mountain State Park

3605 North Mountain Road
Wausau, WI 54402

Sports Offered

**Snowshoe Racing &
Cross Country**

**Alpine Skiing &
Snowboard**

Coaches' Meeting

The coaches' meeting will be held on Saturday at 9:30 p.m. in the Pines Conference Room on the second floor at the Stoney Creek Hotel. A coach or chaperone from each Agency is required to attend. At this time any announcements, start times, changes, etc. will be discussed. A Sunday morning coaches' meeting will be held if necessary.

Delegations that only have Alpine skiers and snowboarders are not required to attend (competition has been completed at that time).

Travel time from the Stoney Creek Hotel and Conference Center to the competition venues is as follows:

Granite Peak at Rib Mountain State Park	11 Minutes
Nine Mile Forest	14 Minutes

Late Arrivals

Athletes must be on time for their events. Those athletes missing alpine, snowshoeing and snowboarding event start times will be scratched. Those arriving late for interval cross country starts may be added only at the discretion of the venue manager.

FILING PROTESTS AT EVENTS

1. Protests to the Games Rules Committee may only be made concerning games presentation, structure and conduct.
2. Protests may only be made concerning competition of athletes at a venue where, within that competition, rulings are either made or not made in regard to the fairness and equity of the competition.
3. All protests must be initiated prior to the presentation of awards.
4. Protests must be presented to the head official of the event immediately in an oral fashion so that the event officials may be made aware of the appeal.
5. The head official may rule on appeals immediately, but if the response of the head official does not resolve the protest, a formal protest may follow.
6. All formal protests must be submitted within a half hour of the event in question.
7. All protests must be made on the specified form.
8. All protests will be brought to the attention of the Sports Rules Committee for final resolution. The decision of this committee shall be final and binding.

*** Please get Protest Forms at Tournament Central.**

SAFETY & FIRE PROCEDURES

- a. Upon arriving in your room(s) locate the two exits that can be used during an emergency.
- b. Locate the fire alarm pull station closest to your room(s).
- c. If an emergency occurs, dial "0" for the operator and report clearly and calmly the details of the emergency.

If you get trapped in a guest room:

- a. Open a window to vent the room if there is any smoke. If you are on the first or second floor you may be able to drop to the ground safely. If you are up any higher you are usually better off staying in your room.
- b. Let someone know you are in the room. If the phone works, call the operator. If available use personal communication devices. Do not try to climb down!
- c. Turn on the bathroom fan. The fan will help vent the smoke.
- d. Fill the tub with water. The water may be needed for fire fighting.
- e. Wet towels and sheets. You will need them to put around the doors and cracks if smoke starts to seep in.
- f. Get fresh air. Make a tent over your head with a blanket at a slightly open window to get fresh air.
- g. Last resort. If your room becomes unbearable, you may be forced to exit, but remember to keep low to the ground.

If confronted with a seizure:

- a. Stay calm. Do not leave the athlete alone.
- b. Protect the athlete from injury by involuntary muscle movements.
- c. Do not put anything in the athlete's mouth.
- d. Most seizures are self-limited and will be over after two minutes.

MEDICAL SERVICES

Overnight medical hotel rooms are to be determined and will be posted at Tournament Central and given out at the coaches' meeting. The medical volunteer cell phones are as follows:

Main medical: (715) 204-9114

Dr. Michael Clark (SOWI Medical Director): (715) 218-5774

Coaches are responsible for bringing updated medical information for each athlete attending. This information is to be provided by the coach if the athlete is sent to the hospital. The hospital must have this information before they can provide any services. Coaches and chaperones must be familiar with the medical condition/medication of their athletes prior to arriving at the competition. Please make sure that the information about medications, physician's name and telephone numbers is current. SOWI has provided medical information forms that may be filled out and updated as necessary for each athlete. This can be found in the Competition Guide. SOWI does not require the use of these cards, but does provide them as a resource.

Medical Services

Medical volunteers will be located in the hotel and competition sites. Medical personnel will wear red shirts or red vests. The Medical Team members are equipped to handle emergency medical problems. Go to them if you need help for the duration of the Winter Games, from Saturday, 11:00 a.m. through Sunday, 1:00 p.m.

It is important that you locate the medical station at your venue site so you know where they are if you need them. If language is a problem and you are the translator, be sure to stay with the athlete in an emergency.

SOWI will not provide medical information on athletes attending the games.

Medication

If you have athletes who are on medication, it is essential that you know what the medication is, how much is to be taken in each dosage, and when it is to be taken.

Many Agencies request that family members divide medication for each time it is to be taken and seal it in envelopes with all the vital information (name, number of pills, kind of medication, when it is to be taken, etc.) written on the outside of the envelope. Remember that during travel time all medications should be kept with the chaperone or athlete – not packed in a suitcase!

Important Note About Illness

If you, a coach or an athlete with your delegation is sick, or has recently (within seven days) been sick (fever with cough, sore throat, runny/stuffy nose, body aches), please ask them to stay home. We know this is a difficult decision to make, but it is for the safety of everyone who attends Winter Games. Please call (800) 552-1324 ext. 5683 before Wednesday, Feb. 6 if someone from your delegation will not be attending. If you are calling after Feb. 6, please call Tournament Central. If you have any questions about the health of you or your athletes please contact Michael Clark, MD at mclark911@gmail.com.

Please practice thorough hand washing and other sanitary measures throughout the duration of the Games to help prevent the spread of germs.

ID BADGES

ID badges are provided for each registered athlete and coach. **Athletes and coaches must wear ID badges at all times with the exception of during their race!!!** ID badges will be used as identification and authorization at sports venues. If an ID badge is lost or becomes unreadable, the coach and athlete should report to the information desk at the sports venue. If you would like a wristband for identification purposes only, please request one at Tournament Central.

STATE COMPETITIONS – PRESS RELEASES

Please contact the Special Olympics Wisconsin Marketing and Communications Department to have a press release distributed to your local media for your Agency or athlete(s) at (608) 442-5903 or thahn@specialolympicswisconsin.org.

SPECIAL OLYMPICS WISCONSIN ON SOCIAL MEDIA

Want to keep up with local and statewide SOWI events? Join our online community by following us on:

Twitter @sowisconsin

Facebook facebook.com/SpecialOlympicsWisconsin

YouTube youtube.com/sowisconsin

Flickr flickr.com/photos/specialolympicswisconsin/

Use #SOWIStateGames to share photos and memories from the event!

Check out Flickr for photos and SpecialOlympicsWisconsin.org for results from the Winter Games! Subscribe to our newsletter at SpecialOlympicsWisconsin.org for updates!

THIS TAX SEASON, DO SOMETHING SPECIAL

Did you know Special Olympics Wisconsin supporters can now easily donate to SOWI by making a designation on their state income tax form? Here's how it works. Simply find the section called "Donations" and select Special Olympics in the listing of nonprofit organizations. Then, indicate the donation amount. Or, let a tax preparer know how much to contribute. Visit <http://specialolympicswisconsin.org/taxcheckoff/> to learn more about how you can spread the word about this great new way to support our athletes.



SOUVENIRS

Sale Hours: Saturday, February 9 – 5:00 p.m.-9:00 p.m.

Location: Stoney Creek Hotel – Northwoods Ballroom

Special Olympics souvenirs are sold by Promotional Designs, Inc., our souvenir vendor. Similar items as in the past will be sold such as jackets, sweatshirts, T-shirts, bags and miscellaneous souvenirs items. A percentage of the proceeds will go to Special Olympics Wisconsin.

Miscellaneous Souvenir Items

- ❖ Key Tags
- ❖ Pencils
- ❖ Pens
- ❖ Lapel Pins
- ❖ Sweat Bands
- ❖ Sport Bottles
- ❖ Buttons
- ❖ Can Wraps
- ❖and much more!

CEREMONY OVERVIEW

The ceremony will be held in the Northwoods Ballroom at the Stoney Creek Hotel on Saturday, February 9th at 7:00 p.m. Stick around afterwards for a “Decades” themed dance from 7:30 p.m. - 9:00 p.m. A photo booth will be available for participants to use, so get your party faces ready!

WEATHER INFORMATION

Winter Sports Attire Suggestions

Torso: Do not overdress your athlete. Although parkas, bulky sweaters and quilted coats are warm, they do not serve as practical attire for competition. Athletes should wear multiple lightweight layers. Layers are the best form of insulation and allow athletes the option to add or subtract depending on the weather conditions.

Inner Layers: Avoid cotton next to the skin. Sport and thermal underwear made from a polypropylene type of fabric, a fabric that does not retain moisture, is best.

Middle Layers (may also be outer layers): A sweater or polar fleece is recommended. This layer provides most of the insulation and should fit the body well, without binding or restricting body movement.

Outer Layers: Poplin, Gortex or nylon type jackets are recommended to provide wind resistance and also keep athletes dry.

Lower Body: A one-piece outfit or ski bibs will eliminate shirts coming out of pants and will prove to keep the athlete warmer and dryer. Lycra, spandex or athletic pants are acceptable for cross country skiers and snowshoe racers. All athletes should wear thermal long underwear in extreme cold. Cotton blue jeans or slacks are not adequate. In extreme cold, extra layers may be required.

Feet: Alpine skiers and snowboarders should wear warm insulated socks that allow proper fit in boots. Cross country skiers and snowshoe racers need to wear socks that are either made from wool or synthetic fiber. Remember, extra pairs of socks may keep the feet warmer, but the athlete must be able to move comfortably in his/her boot. Too many socks may actually make the feet colder.

Head: Up to 50% of the body's heat loss is through the head. Do not fear overdressing your head. One easy double-layer combination is a headband around the ears, topped by a knit cap. A balaclava (hat with face) may also be selected for extreme cold.

Hands: Winter gloves or mittens with a wind resistant (nylon, Gortex, etc.) outer shell are recommended. An extra pair should always be brought along in case gloves get wet.

Eyes: Sunglasses or goggles are essential on sunny days.

Lips: Moisturizer with sunscreen is recommended.

Handwarmers: Optional, but recommended.

SEVERE WEATHER CONTINGENCY PLAN

Introduction

The main focus of the contingency plan for the State Winter Games competition is to ensure the safety and well-being of Special Olympics athletes, coaches and volunteers at each competition site. The Games Management Committee, games medical personnel and the SOWI staff will make all delay, postponement, event alteration and cancellation decisions based solely upon safety and health considerations. Please review all information in this section in order to become familiar with any specific procedures that will be necessary if contingency plans are utilized. The temperature must be above -4° degrees raw temperature (or -10° with the wind chill) at the coldest point on the race course in order for events to be held.

Plan A

The start of events will be delayed, or the events in progress will be stopped and delayed if conditions are severe enough to affect participants' safety. Events will begin as soon as conditions improve to ensure the safety of the athletes and volunteers involved.

1. Weather/event updates will be posted at Tournament Central and at each venue site.
2. At venue sites, if events are to be delayed and/or resumed, PA announcements will clearly identify the schedule, restart times, etc.
3. If a delay lasts longer than 90 minutes, the competition/race will be canceled or postponed and officials will go to Plan B.

Plan B

The race schedule will begin at the time competition resumes. Any rescheduling of missed events would be based upon availability of sites, time constraints and volunteer availability.

Plan C – No Competition held on Saturday

Cross Country Skiing/Snowshoe Racing – If time trials cannot be held on Saturday, then Sunday's schedule of races will be held as finals. Athletes will compete in the divisions as they are listed for preliminaries, however, once the races are completed, the athletes will be re-divisioned according to their performance, and awards will be given based on how they finished according to the new divisions

Alpine Skiing and Snowboarding – Races will be canceled. No alternative time is available.

Plan D – Severe Sunday Weather

The regularly scheduled trial events would be held Saturday and no racing would be held on Sunday morning; however, athletes would be re-divisioned (for races not held as finals on Saturday) according to their performance and given awards based on how they finished within the new divisions.

Plan E – Severe Weekend Weather

In the event that severe weather forces the cancellation of the majority of competition for both days, the event will be cancelled.

General Note:

1. All weather and schedule updates will be available at Tournament Central, posted in the lobby, or by calling Tournament Central at (608)-509-4561.
2. Any changes resulting from weather problems will be clarified at the 9:30 p.m. coaches' meeting.
3. If weather is severe on Saturday or Sunday and competition cannot be held, please check at Tournament Central for changes. And, if an additional coaches' meeting is needed, announcements will be made at the venues and posted at Tournament Central and the hotel.

POSTPONEMENT/ CANCELLATION INFORMATION

Wisconsin weather is very difficult to predict and may change from one hour to the next. Unless weather conditions are very severe, a decision will be made regarding cancellation of the tournament prior to the event start. Any decision regarding cancellation, postponement or schedule changes will be available by calling the Tournament Central number at (608) 509-4561 and if possible, will be posted on the SOWI website. If you have any questions about whether the Games are to be held, please call Tournament Central and a recorded message will give you the updated information. In case of statewide weather-related road problems on Friday, February 8, Agencies should depart when they determine travel to be safe for their delegation. Please call Tournament Central if you have decided not to travel or if your Agency will be late arriving.

COACH/ CHAPERONE RESPONSIBILITIES

Coaches and chaperones coming to the SOWI State Winter Games must accept and carry out these responsibilities:

1. Provide for the general welfare, safety, health and well-being of each Special Olympics athlete you are in charge of.
 - Make sure your athletes are properly dressed for prevailing weather conditions
 - Make sure your athletes are assembled at the proper time and place for ceremonies and competitive events
2. Be thoroughly familiar with all information in this handbook.
3. Provide the following specific services to each Special Olympics athlete in your care:
 - Supervision **24 hours a day**, in cooperation with other chaperones in your delegation
 - Assistance in accounting for luggage and personal items at all times
 - Assistance in getting to meals during scheduled times
 - Assistance in reporting to competition areas at the proper time
 - Assistance in taking full advantage of clinics and other events
 - Making sure prescribed medications are taken at proper times
 - ***MAKING SURE ATHLETES WEAR ID BADGES AT ALL TIMES***

“SPORTSMANSHIP MAKES WINNERS!!”

Sportsmanship is as important to Special Olympics Wisconsin as training hard and following the rules. Please help us by observing good sportsmanship and setting a good example for our athletes, fans and volunteers.

2019 WINTER GAMES

MANAGEMENT TEAM

Vicki Baumann
Michael Clark
Jamie Giese
Dean Glaze
Eric Glaze
Scott Goethel
Steve Goethel

Bonnie Kahn
Steve Meurett
David Mix
Chris Pingel
Becky Rausch
Sarah Spry

DELEGATIONS

North Central Region 2

2-03 Wausau Metro Adult
2-11 Northern Access
2-12 Neillsville
2-21 Merrill Public Schools
2-44 WI Rapids Red Raiders
2-50 Wausau Area Youth

Indianhead Region 3

3-06 Eau Claire Adults
3-12 Chequamegon Bay Area
3-18 Thorp Adult
3-36 Polk County

Fox Valley Region 4

4-15 Waupaca Area

Northeastern Region 5

5-03 Syble Hopp School
5-14 Manitowoc County Miracles

South Central Region 6

6-12 West Madison
6-20 Middleton Area
6-36 La Crosse Parks & Rec

Southeastern Region 7

7-01 Wisconsin School for the Deaf
7-04 St. Coletta of Wisconsin
7-05 Lakeland Schools
7-19 Western Racine County

Greater Milwaukee Region 8

8-28 Ozaukee County

Mission Partners



KWIK TRIP™

Proud State Partners



State Games Partners



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France Propane Service Inc.
Stevens Point Tents
Stoney Creek Hotel & Conference Center – Wausau



***Special
Olympics***
Wisconsin

**2310 CROSSROADS DRIVE, SUITE 1000
MADISON, WISCONSIN 53718**

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(800) 552-1324

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SpecialOlympicsWisconsin.org

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Intellectual Disabilities.