



Ripon College
Athlete & Coaches Training Day – Athletics (Track & Field)

This athlete training day will provide SOWI athletes the opportunity to learn skills in track and field from collegiate athletes. Coaches will receive training in track and field as well as general coaching information from a skilled clinician.

DATE: Sunday, February 9, 2020. Registration deadline is Friday, January 31, 2020.

TIME: 2:00 pm - 4:00 pm

LOCATION: Ripon College's Willmore Center

Intersection of Union St. and W Thorne St., Ripon, WI 54971

HOSTED BY: Ripon College Student Athletic Leadership Team

COACHES TRAINING CLINICIAN: TBD

DRESS: Dress to participate! Please bring clean shoes to change into.

RETURN NO LATER THAN Friday, January 31st:

Brittany Hoegh, Director of Training
Special Olympics Wisconsin
2310 Crossroads Dr. Suite 1000, Madison, WI 53718
Phone: 608-442-5683, fax: 608-222-3578
bhoegh@specialolympicswisconsin.org

NAME: _____ **AGENCY:** _____

Are you (please check one)? Athlete New Coach Experienced Coach – how many years coaching? _____

COACHES ONLY:

ADDRESS: _____ **CITY & ZIP:** _____

HOME PHONE: _____ **EMAIL:** _____

Are you a registered Class A Volunteer for Special Olympics Wisconsin? YES NO

Have you completed the on-line General Coaches Certification? YES NO

What age group do you work with: Youth Adults

How often do you practice? 1x/week 2-3x/week 4-5x/week

What would you most like to learn about? (Please number 1-4 with 1 being your highest priority)

_____ Overview of rules _____ Training/Practice Tips _____ Sport specific drills _____ Working with athletes

Other: _____
