# **2023 Spring Games**

Schedule of Events	2
GETTING AROUND	
UW-Oshkosh	3
Oshkosh Area	4
Parking	5
PLANNING YOUR VISIT	
Opening Ceremony	6
Sports Competition	
3v3 Basketball	
Basketball Skills	
Swimming	
Team Basketball	
Health Activities	12
Merchandise/Souvenirs	14
Concessions	14
Victory Jubilee Dance	14
Staying Safe	
Medical	
Inclement Weather	
UWO Mobile App	16
TEAM INFORMATION	
Tournament Central	17
Lost and Found	17
Dining	
Housing	18
Coach and Chaperone Responsibilities	20
Coach Code of Conduct	20
IN RECOGNITION	
2023 Spring Games Management Team	22
Mission Partners and Friends of the Games	

Guest WIFI: Wireless internet is available throughout campus by connecting to the SSID "Titan Wifi Guest". Upon connecting and opening a web browser, you will be prompted to enter an email address under the heading "Guest User". You will then be connected to the internet. You will be prompted to enter an email address each time your device disconnects from "Titan Wifi Guest".

## **SCHEDULE OF EVENTS**

	FRIDAY, APRIL 14		
2:00 p.m8:00 p.m.	Housing Check-in	Gruenhagen	
2:00 p.m9:30 p.m.	Tournament Central	Kolf (Upper Gym)	
4:00 p.m7:00 p.m.	Dinner	Blackhawk Commons	
4:15 p.m4:45 p.m.	Torch Run	Lot #13	
5:00 p.m5:30 p.m.	Opening Ceremony	Kolf (Upper Gym)	
5:30 p.m8:30 p.m.	Performance Station	Kolf (Upper Gym)	
6:00 p.m9:30 p.m.	Competition – 3v3 Basketball	Kolf (Lower Gym)	
6:00 p.m9:30 p.m.	Competition – Basketball Skills	Kolf (Upper Gym)	
11:00 p.m6:00 a.m.	Quiet Hours		
	SATURDAY, APRIL 15		
6:30 a.m8:30 a.m.	Breakfast	Blackhawk Commons	
7:30 a.m5:00 p.m.	Tournament Central	Kolf (Upper Gym)	
9:00 a.m4:00 p.m.	Competition – Swimming	Albee Hall + Pool	
9:30 a.m. – 6:00 p.m.	Competition – Team Basketball	Kolf (Lower + Upper Gym)	
10:00 a.m4:00 p.m.	Healthy Athletes: Healthy Hearing	Gruenhagen – Library	
10:00 a.m4:00 p.m.	Healthy Athletes: Opening Eyes	Gruenhagen – Titan Lounge	
10:00 a.m4:00 p.m.	Healthy Athletes: Special Smiles	Kolf (Upper Gym)	
10:30 a.m2:00 p.m.	Healthy Athletes: Remote Special Smiles	Albee Hall + Pool	
10:30 a.m3:30 p.m.	Healthy Athletes: FUNfitness	Kolf (Upper Gym)	
11:15 a.m2:00 p.m.	Lunch	Blackhawk Commons	
5:00 p.m7:00 p.m.	Dinner	Blackhawk Commons	
5:00 p.m7:00 p.m.	Athlete Leader Reunion (RSVP Required)	Gruenhagen – Badger Room	
7:00 p.m9:00 p.m.	Dance	Culver Family Welcome	
		Center	
7:00 p.m9:00 p.m.	Athlete Activity/Entertainment	Gruenhagen – Badger Room	
11:00 p.m6:00 a.m.	Quiet Hours		
	SUNDAY, APRIL 16		
6:30 a.m8:30 a.m.	Breakfast	Blackhawk Commons	
7:30 a.m2:00 p.m.	Tournament Central	Kolf (Upper Gym)	
7:00 a.m. – 3:00 p.m.	Housing Check-out	Gruenhagen	
8:00 a.m2:00 p.m.	Competition – Team Basketball	Kolf (Upper + Lower Gym)	
8:30 a.m12:30 p.m.	Competition – Swimming	Albee Hall + Pool	
10:00 a.m12:30 p.m.	Lunch Pickup	Albee Gym or Kolf Upper Gym	

Note: Schedules are approximate times for events and activities. Updates will be included in Coaches' Registration Packets. Subject to change due to the weather.

### **GETTING AROUND**

### **UW-OSHKOSH CAMPUS MAP**

Basketball Competition: Kolf Sports Center (785 High Ave, Oshkosh, WI)

Dance: Culver Family Welcome Center (625 Pearl Ave, Oshkosh, WI)

Healthy Athletes - FUNFitness: Kolf Sports Center (785 High Ave, Oshkosh, WI)

Healthy Athletes – Healthy Hearing: Gruenhagen Library (208 Osceola St, First Floor, Oshkosh, WI)

Healthy Athletes - Opening Eyes: Gruenhagen Titan Lounge (208 Osceola St, First Floor, Oshkosh, WI)

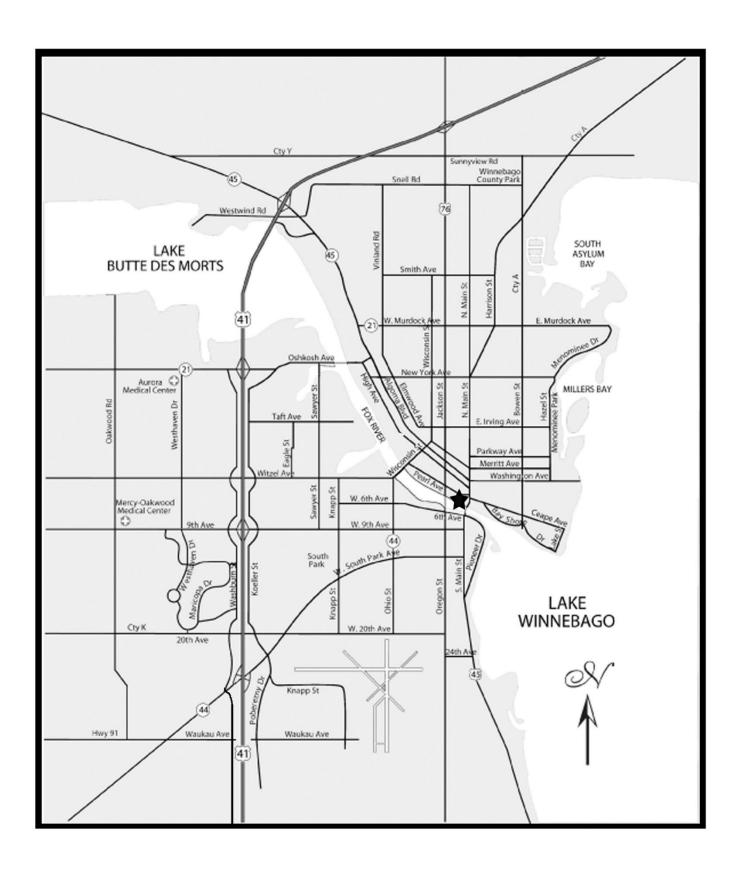
Healthy Athletes - Special Smiles: Kolf Sports Center (785 High Ave, Oshkosh, WI)

Housing: Gruenhagen Conference Center (208 Osceola St, Oshkosh, WI)

Webster Hall (810 High Ave, Oshkosh, WI)

Opening Ceremony: Kolf Sports Center (785 High Ave, Oshkosh, WI) Swim Competition: Albee Hall & Pool (776 Algoma Blvd, Oshkosh, WI)





### **PARKING**



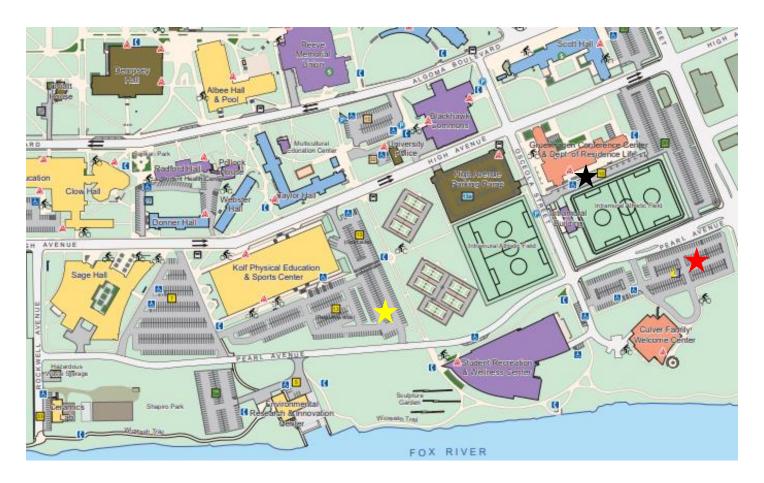
Event Day Parking – Spectators, Fans, Commuter Delegations

All commuting delegates, Special Olympics Fans and Spectators should park in Lot 7 or Lot 13 next to the Kolf Sports Center. There is no overnight parking allowed in these lots.



Overnight Parking – Athletes and Coaches

All delegates staying on campus must check-in at Gruenhagen Conference Center. There will be a 15minute loading zone in Lot 10 ( \*\*) next to Gruenhagen during housing check-in hours. After drop-off, all buses and cars staying overnight should park in Lot 6 next to the Culver Family Welcome Center. Only registered delegates are allowed to leave their car on campus overnight.



### **PLANNING YOUR VISIT**

### **OPENING CEREMONY**

Join us in celebrating nearly 1,000 athletes competing this weekend at the 2023 Spring Games. The Opening Ceremony will take place Friday, April 14. Doors open at 4:30 p.m. in Kolf with competition to follow.

Preceding the Opening Ceremony will be a Final Leg of the Law Enforcement Torch Run. Participating law enforcement agencies will start at the ERIC lab lot area at 4:30 p.m. and follow a route towards Kolf to light the cauldron that will be placed outdoors between the tennis courts and Lot #13. Athletes are encouraged to run with law enforcement!

### **SPORTS COMPETITION**

### Divisioning

Our primary obligation is to ensure athletes of similar abilities are competing with one another. To achieve this, we may create co-ed, junior, senior, or open divisions. Please be aware of this when reviewing your division lists.

#### Scratches

All scratches must be done at registration. No changes or additions will be made at competition sites.

### Uniforms

Any uniform modifications for medical or religious reasons must be submitted via Special Needs Form prior to competition. It is the responsibility of the head coach to ensure athletes are in proper uniforms before competition. No athletes should compete while wearing hats, medals, jeans, or non-athletic street shoes.

It is against Special Olympics policy for commercial businesses to advertise on athlete uniforms. Uniforms with advertising may not be worn at Spring Games.

### Team & 3v3 Basketball

SOWI follows rules outlined by NFSHA regarding team basketball uniform requirements. All players must be in proper uniforms including both a uniform top and shorts that match in trim, color, and style in order to compete. The uniform top must be worn with legal numbers on the front and back and may not contain any advertising. Hats, long pants and jewelry are not allowed. Proper court shoes are required. Undershirts, shorts, or leggings must be white, black, beige, or match the main color of the uniform. They may be worn by some or all of the players, but must be identical if worn.



#### **3v3** Basketball

All games will utilize 10-minute running-time halves with a two-minute halftime. Games will be played to 20 minutes or 20 points, whichever comes first.

#### Venue

All team games will take place at the Kolf Sports Center Courts.

### **Competition Information**

There will be an open divisioning period beginning at 5:50pm. This is to ensure teams have been assigned to the correct divisions. Teams that violate the honest effort rule during this period (do not play to your full potential, sandbag) will be disciplined for a Code of Conduct violation. Official games will begin promptly following the divisioning period. Please remember to bring your own basketballs for warm-ups. Advise athletes to bring their own water bottle to be used throughout competition. **WATER ONLY will be allowed on the courts**.

### Staging

All teams should report to their assigned court at 5:50pm for the divisioning period. For remaining games, please arrive *at least* 15 minutes prior to game time to warm up and discuss game situations with officials. Line up cards must be submitted to the scorer's table 10 minutes prior to game time. Games will start as scheduled. Teams not ready to play 10 minutes after official designated starting times will forfeit the game.

### **Awards**

Awards will be given at the end of competition for each division at the awards station in Kolf. Medals will be presented to each athlete earning 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> in team competition. Ribbons will be awarded for 4<sup>th</sup> place. Teams that would like a plaque should request one by emailing Nicole Christensen at NChristensen@SpecialOlympicsWisconsin.org within two weeks of the tournament.



#### **BASKETBALL SKILLS**

#### Venue

Basketball Skills competition will take place in the upper level of the Kolf Sports Center.

### **Competition Schedule**

Friday, April 14, 2023

5:45 p.m. Staging Begins

6:00 p.m. Level 1 Competition Begins Following Level 1 Competition Level 2 Competition Begins

### Staging

Staging for Basketball Skills will begin at 5:45 p.m. Please wait until your division is called to report to the staging area. The staging area will announce divisions being staged approximately 15 minutes before competition is scheduled. Coaches are responsible to bring their athletes to the staging area when the division, athlete name, or event is called.

Athletes will arrive in staging and be seated until it is time for them to compete. At that time, escorts will lead them to the event area.

At the conclusion of the event, coaches must pick up their athlete from the appropriate awards area. Any athlete who is not successfully checked in at staging in appropriate time will be disqualified.

### **Competition Information**

Following the Opening Ceremony, athletes should immediately prepare for competition. Observation of competition will be permitted from the bleachers only. **No coaches, parents or friends will be allowed on the basketball courts at any time**.

#### **Awards**

Awards will be given at the end of competition for each division at the awards station in Upper Kolf Fieldhouse. Medals will be presented to each athlete earning  $1^{st}$ ,  $2^{nd}$  or  $3^{rd}$ . Ribbons will be awarded for  $4^{th}$  through  $8^{th}$  place.



#### **SWIMMING**

### Venue

All Swim Competition, Staging and Awards will take place in the Albee Hall and Pool.

#### **COMPETITION SCHEDULE**

Please Note: Distances are listed in meters due to how the computer system labels them on Rosters, etc., but distances are actually run in yards. For example, the 400m is actually the 400 yard race.

The schedule will be updated prior to the event with approximate event times. Please have your athletes ready to compete at least 20 minutes prior to their schedule competition time. There will be a swimming coaches meeting at 8:10am before the start of competition.

Saturday, Apri	115 2023	Sunday, April 1	16 2023
8:10am 8:30am 9:00am	Coaches Meeting Warm-up 4x50m Medley Relay 100m Free 25m Free 100m IM 50m Backstroke 25m Butterfly 4x25m Unified Free Relay Competition Break	8:10am 8:30am 9:00am	Coaches Meeting Warm-up 25m Breaststroke 200m Free 4x25m Free Relay 50m Breaststroke 50m Butterfly 25m Backstroke 4x100m Free Relay
1:00pm	4x50m Free Relay 100m Breaststroke 100m Butterfly 100m Backstroke 4x25m Medley Relay 400m Free 50m Free 15m Unassisted		

<sup>\*\*</sup>Rules governing pool safety will be posted and enforced at all times\*\*

### Staging & Warm-Ups

Athletes will be staged in chairs in the Albee Gym. Athletes should report to the staging area 15 minutes prior to competition. There will be bleachers assigned for teams not in staging to relax in the Albee Gymnasium. Divisions that have an A or B after the number are different divisions that will swim in the pool during the same heat. These divisions will be awarded separately after the race. There will be at least one lane break in between division A and B to identify separation.

There will be warm-up times on Saturday and Sunday from 8:30 a.m. - 8:50 a.m. and during break periods in the competition pool and diving well. The competition pool will be cleared prior to the start of each competition. The diving well will remain open for swimmers throughout competition.

### **Competition Rules**

- When participants arrive at the pool, they should go directly to the locker room, dress, shower, and be ready to report to the staging area on deck in time to compete.
- Observation of the races will be permitted from the pool bleachers only. No coaches, parents, or spectators will be allowed on the pool deck at any time.
- If an athlete is not in the staging area two heats prior to their heat, his/her name will be called; if still unavailable, the heat will proceed without the athlete. Athletes will be announced for each heat as they assume their position at the starting end of the pool.
- Starting blocks will not be used for this competition. Athletes may make diving starts from the pool deck.
- Water starts are required for events in which athletes start from the bulkhead side of the pool. No one may jump or dive from the bulkhead.
- With the exception of orthopedically impaired athletes, swimmers should enter and exit the pool independently.
- The locker rooms will be open for use. For the security of the athletes, only coaches and athletes with proper credentials will be allowed in the locker rooms.
- Athletes need to bring their own towels for the competitions.

#### **Awards**

Awards will be given at the end of competition for each division at the awards station in Albee Gym. Medals will be presented to each athlete earning  $1^{st}$ ,  $2^{nd}$  or  $3^{rd}$ . Ribbons will be awarded for  $4^{th}$  through  $8^{th}$  place.



#### **TEAM BASKETBALL**

The National Federation of State High School Associations (NFSHA), the Wisconsin Interscholastic Athletics Associations (WIAA), and Special Olympics Rules will govern all Special Olympics Wisconsin tournament play. Reminder – all games will utilize six-minute, stop-time quarters with a five-minute halftime.

#### Venue

All team games will take place at the Kolf Sports Center Courts. Courts 1-4 are located upstairs in the Fieldhouse and Courts 5-6 are located downstairs in the gymnasium.

### **Competition Schedule**

<u>Saturday, April 15, 2023</u> 9:30 a.m. – 5:30 p.m. <u>Sunday, April 16, 2023</u> 8:00 a.m. – 2:00 p.m.

### **Staging**

Please arrive at your assigned court *at least* 15 minutes prior to game time to warm up and discuss game situations with officials. Line up cards must be submitted to the scorer's table 10 minutes prior to game time. Games will start as scheduled. Teams not ready to play 10 minutes after official designated starting times will forfeit the game.

### **Competition Information**

Please remember to bring your own basketballs for warm-ups. Advise athletes to bring their own water bottle to be used throughout competition. **WATER ONLY will be allowed on the courts**.

### **Awards**

Awards will be given at the end of competition for each division at the awards station in Upper Kolf. Medals will be presented to each athlete earning 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> in team competition. Ribbons will be awarded for 4<sup>th</sup> place. Teams that would like a plaque should request one by emailing Nicole Christensen at NChristensen@SpecialOlympicsWisconsin.org within two weeks of the tournament.

#### **HEALTH ACTIVITIES**

Special Olympics Health programs help athletes improve their health and fitness, lending to an enhanced sports experience and improved well-being. Athletes receive a variety of **free** health screenings & education offered by volunteer professionals.

ALL athletes with a current medical on file with Special Olympics are welcome to attend the FREE health programs, even if they are not competing at the tournament!

members can improve their performance in sport and health, culminating in a better quality of life.

### <u>Friday, April 14, 5:30 p.m. – 8:30 p.m.</u>

### Performance Station – Located on Court 1 of Kolf Sports Center (Upper Level)



Performance Stations prepare athletes to compete at their best by connecting fitness to athletic performance. After completing a competition readiness assessment, athletes are provided guidance and training equipment to improve fitness for optimal sport performance. Athletes will receive education in nutrition, hydration, physical activity and mental toughness. With improved overall fitness, athletes, partners, coaches and family

Saturday, April 15, 10:00 a.m. – 4:00 p.m.

### Special Smiles - Located in Kolf Sports Center (Upper Level) and Albee Gym



Special Smiles (funding provided by Delta Dental of Wisconsin Foundation) performs dental screenings to increase awareness of oral health. At the screening, dentists and hygienists identify oral problems, while athletes are provided with hygiene education, a "goodie bag" with dental care items, fitted mouth guards and fluoride varnish!

### FUNfitness – Located on Court 1 of Kolf Sports Center (Upper Level)



FUNfitness screenings are conducted by Physical Therapists and physical therapy students. They assess flexibility, functional strength and balance of the athlete. After the assessment, athletes will receive a booklet and education on recommended stretches/exercises personalized to them based on the results of their strength, flexibility and balance tests. Note: FUNfitness will be open from 10:30 a.m. to 3:30 p.m.

### Healthy Hearing – Located in the Gruenhagen Library (First Floor)



Healthy Hearing conducts hearing screenings. Reduced hearing can have a significant negative impact on an athlete's ability to respond to directions, as well as understand verbal information from coaches at practice and competitions. Hearing loss affects one's safety and interpersonal relationships. A hearing screen is the first step in identifying hearing loss and preventing its negative effects from occurring in sports and social events.

### **HEAR WI Mobile Audiology Clinic (MAC) – Gruenhagen (Outdoors)**



Available for free hearing screenings! The MAC will be parked in front of Gruenhagen Conference Center for athletes, coaches, family and friends to receive a free hearing screen. To receive services stop by the Healthy Hearing check in

table. HEAR WI staff are also available for hearing aid checks/cleaning – remember to bring your hearing aids to the tournament. Athletes with a need identified during the Healthy Hearing screen will be referred to HEAR WI's Mobile Audiology Clinic (MAC) for further testing, earwax removal and/or hearing aid check & cleaning. MAC will be parked outside of Gruenhagen.

### Opening Eyes – Located in the Gruenhagen Titan Lounge (First Floor)



Opening Eyes (sponsored by Lions Club International Foundation) performs vision evaluations and dispenses free glasses/sport & swim goggles to those athletes who are in need. For athletes that do not need prescription glasses, they receive a pair of designer sunglasses. To participate in Opening Eyes, athletes are encouraged to sign-up for an appointment time, but pre-registration is not required. Contact Melissa at 608.442.5676

or <u>mschoenbrodt@specialolympicswisconsin.org</u> to pre-register for an Opening Eyes time (sign up will also be at the Performance Station on Friday night.

### Strong Minds Mindfulness Education Station – Located in the Gruenhagen Lobby (First Floor)



The station stresses how important taking care of one's emotional wellness is and how taking care of it should be practiced like any other important skill. This station aims to educate coaches and athletes on how to incorporate mindfulness exercises into athletic practices and one's everyday life. There will be mindfulness activity guides, example practice plans, and other mindfulness tools available for anyone who visits the station!

### FREE gift for athletes that attend 4 of the 6 Health Activities!

If an athlete attends 4 of the 6 Health Activities offered at Spring Games they can choose one item from several Special Olympics logoed give-a-ways! Health coupons for each athlete will be in the teams coaches pick up packets (extras will also be at Health check out stations). Health volunteers will verify the coupon at check out for athletes to turn in at Tournament Central in Kolf (Sat or Sun) or the HA info table in Gruenhagen Lobby (Sat 10-4) to pick out a Special Olympics give away item.

Coaches receive a T-shirt (while supplies last) for bringing your team to the Health activities at Spring Games! Pick up your shirt at the HA table in Gruenhagen lobby between 10am-4pm on Sat. To qualify for a free shirt bring one athlete with you who has a HA coupon showing they attended one of the HA activities at Spring Games.

Thank you to Delta Dental of WI Foundation, Golisano Foundation, CDC and Lions Club International Foundation for making the Special Olympics Health possible!





Special Olympics Lions Clubs International







The mark "CDC" is owned by the US Dept. of Health and Human Services and is used with permission. Use of this logo is not an endorsement by HHS or CDC of any particular product, service, or enterprise.

### **MERCHANDISE/SOUVENIRS**

Get your official Special Olympics Wisconsin gear and check out the great selection of exciting souvenirs including t-shirts, hats, sports bags, glass wear, water bottles, collectibles and much more.

Friday: 5:30 p.m.- 8:30 p.m. at Kolf

Saturday: 9:30 a.m. - 3:00 p.m. at Kolf

6:30pm-9:00pm at Culver Family Welcome Center

### **CONCESSIONS**

Food will be available for purchase at the Kolf Concessions Stand located on the upper level of the Kolf Sports Center.

Friday Hours 4:30 p.m. - 9:00 p.m.Saturday Hours 8:30 a.m. - 5:00 p.m.Sunday Hours 8:00 a.m. - 2:00 p.m.

#### **VICTORY DANCE**

Grab your favorite Wisconsin sports team gear for the OUR TEAM themed Victory Dance featuring DJ Matt from Elite Music Service. Souvenirs will be available for purchase.

Also offered during this time will be fun athlete activities in the Badger Room of Gruenhagen!

Saturday: 7:00 p.m. - 9:00 p.m. at Culver Family Center (Dance) or Badger Room of Gruenhagen (athlete activities)

#### **STAYING SAFE**

### **M**EDICAL INFORMATION

Coaches are responsible for having updated medical information available for each athlete in attendance. This information is to be provided by the coach if the athlete is sent to the hospital. Please make sure that the information on file regarding the athletes' medical condition, medications and physician's name and telephone numbers are current. SOWI has provided medical information forms that may be filled out and updated as necessary for each athlete. This can be found in the Competition Guide. SOWI does not require the use of these cards, but does provide them as a resource.

#### **MEDICAL SERVICES**

An emergency medical team will be located in the dorms and competition sites. Medical personnel will be wearing red shirts or red arm bands. The medical team members are equipped to handle emergency medical problems. It is important that you locate the first aid station at your venue site so you know where they are if you need them. If an athlete has a language problem and you are their translator, be sure to stay with the athlete in an emergency. SOWI will not provide medical information on athletes attending the games.

### **M**EDICATION

If you have athletes who are on medication, it is essential that you know what the medication is, how much is to be taken in each dosage, and when it is to be taken.

Many Local Programs request that family members divide medication for each time it is to be taken and seal it in envelopes with all the vital information (name, number of pills, kind of medication, when it is to be taken, etc.) written on the outside of the envelope. Remember that during travel time all medication should be kept with the chaperone or athlete – not packed in a suitcase!

Medical Cell Phone Numbers:

Main Medical: (715) 204-9114 Dr. Michael Clark: (715) 218-5774

### **IF CONFRONTED WITH A SEIZURE:**

- 1. Stay Calm. Do not leave the athlete alone.
- 2. Protect the athlete from injury by involuntary muscle movements.
- 3. Do not put anything in the athlete's mouth.

Most seizures are self-limited and end after two minutes.

#### **IMPORTANT NOTE ABOUT ILLNESSES**

If you, a coach or an athlete with your delegation is sick, or has recently (within seven days) been sick with flu-like symptoms (fever with cough, sore throat, runny/stuffy nose, body aches), please ask them to stay home. We know this is a difficult decision to make, but it is for the safety of everyone that attends Spring Games. Please contact Nicole Christensen at 608-442-5670 or <a href="Mchristensen@SpecialOlympicsWisconsin.org">NChristensen@SpecialOlympicsWisconsin.org</a> if someone from your delegation will not be attending. Please practice thorough hand washing and other sanitary measures throughout the duration of the Games to help prevent the spread of germs.

#### **INCLEMENT WEATHER**

The Games Management Team monitors weather conditions. In case of severe weather, follow the signage posted in each building for where to go. Any lost or separated athletes should be brought to Tournament Central.

### **UWO MOBILE APP**

UWO strongly recommends that all event attendees on campus download the UWO Mobile App on their mobile phone. The UWO Mobile App provides a number of resources to help you stay safe while on campus.





### **App Features**

- Titan Alerts: Communicates all Titan Alerts through push notifications including weather and emergency alerts. Make sure your settings allow for UWO Mobile App to send push notifications.
- Chat with UWOPD: Chat discreetly with UWOPD in non-emergency situations. Request a Safewalk or Saferide to move about campus safely.
- Campus Map: View an interactive campus map to load information about parking lots, accessible entrances, emergency phones and building information.

### **TEAM INFORMATION**

#### **TOURNAMENT CENTRAL**

Located in the Upper Gym of Kolf Sports Center. Special Olympics Wisconsin staff will assist individuals during the following scheduled times. The registration site for the Celebration Games will be Tournament Central.

 Tournament Central
 (608) 571-3652

 Friday, April 14:
 2:00 p.m. - 9:30 p.m.

 Saturday, April 15:
 7:30 a.m. - 5:00 p.m.

 Sunday, April 16:
 7:30 a.m. - 2:00 p.m.

#### **LOST AND FOUND**

A lost and found area will be located at Tournament Central and at the residence halls' main desks. Please make sure athletes' clothes are clearly marked with their name and Agency number. Remember to keep a close eye on glasses, watches, rings, etc.

#### DINING

- All dining (with the exception of Sunday lunch) will be at Blackhawk Commons.
- Be prepared to show your ID badge at the door. Your credential is your meal ticket. Dining services are for athletes and teams only.
- Please utilize SOWI designated serving buffet lines. The specialty food areas (i.e. Pizza/Pasta line, Hot Grill Line, etc.) are not open to SOWI Delegates.
- Remember that there will be many people to serve and a limited number of tables and chairs.
   Please encourage athletes to leave the dining room as soon as they finish eating. Be sure trays are removed from the tables when you are finished.
- It is requested that the groups not competing in the early morning events give priority to the groups that will be competing. For example, if your group does not compete until 9:00 a.m., do not plan to eat breakfast at 6:30 a.m. Also, for dinner, remember there is enough time scheduled and it is probably more comfortable to wait in your room than in line.
- If an athlete or coach has special dietary needs, please contact Nicole Christensen at <u>NChristensen@SpecialOlympicsWisconsin.org</u> as soon as possible to give the university time to prepare for those needs.

#### **SUNDAY LUNCH**

Sunday's boxed lunch is available to those who registered and paid with their registration form. The lunch distribution will begin at 10:00 a.m. in Kolf and 10:45 a.m. in Albee. These will be deconstructed lunches (sandwich, chips, cookie).

#### **MEAL SCHEDULE AND MENU**

Menu items are subject to change.

FRIDAY DINNER April 14, 4:00 p.m. – 7:00 p.m.	SATURDAY BREAKFAST April 15, 6:30 a.m. – 8:30 a.m.
Chicken and Rice Casserole*	Fruit and Yogurt Bar
Salisbury Steak & Gravy	Scrambled Eggs*
Stir-Fried Tofu and Rice*	Sausage Links*
Oven Roasted Potatoes*	Obrien Potatoes*
Corn*	Oatmeal
Dinner Rolls*	
SATURDAY LUNCH	SATURDAY DINNER
April 15, 11:15 a.m. – 2:00 p.m.	5:00 p.m. – 7:00 p.m.
Sloppy Joes*	Whole Grain Pasta*
Vegetarian Sloppy Joes*	Meatballs and Marinara
Chicken Nuggets	Chicken Strips in Alfredo
Potato Wedges	Marinara
Steamed Vegetables*	Steamed Vegetables*
	Garlic Breadsticks
SUNDAY BREAKFAST	SUNNDAY BOXED LUNCH (extra fee)
6:30 a.m. – 8:30 a.m.	10:30 a.m 1:30 p.m.
Fruit and Yogurt Bar	To Be Determined
Scrambled Eggs*	
French Toast	
Sausage Patties*	
Breakfast Potatoes*	
Oatmeal	

<sup>\*</sup> Item is gluten free, or a gluten free version is available upon request. If you requested special dietary needs, please inform the servers as you enter the service line.

#### **Housing**

Housing Assignments: Coaches are responsible for individual room assignments to be turned in with state registration forms at the registration deadline. Minors and adults cannot room together. Males and females cannot room together. Coaches and athletes cannot room together.

Housing Check-in: All housing check-in will take place at Gruenhagen Conference Center Main Desk.

- Keys will be handed out at Gruenhagen upon check in. All keys must be turned into the main desk at Gruenhagen at check-out time. Lost keys will result in a \$115 fee.
- The main doors will be locked at 11:00pm and room keys DO NOT open the outside doors.
- No pay phones will be available. House phones can be used with credit cards or phone cards. All lounges have telephones.
- Sheets and pillows are furnished. Each bed will have either a blanket or a bedspread. If you feel you need another blanket, bring one.
- If you have an athlete that is a chronic bed wetter, you must bring your own plastic sheets. The local program will be charged for a ruined mattress. Remember to bring your own towels, toilet

articles and other personal items. Please label everything with the athlete's name and Local Program number.

**Housing Check-out**: Check-out will take place between 8:00am and 3:00pm at Gruenhagen Hall on Sunday. The following procedure should be followed:

- Remove all personal items from each room. Please double-check rooms for items left behind.
- Make sure that all linens are left in the room. The Local Program will be charged for any missing articles.
- Turn in keys at Gruenhagen Main Desk. Lost key charges (\$115) will be billed to the Local Program responsible.

Gruenhagen Conference Center 208 Osceola St, Oshkosh, WI

### **SAFETY AND FIRE PROCEDURES**

### If you discover a fire:

- 1. Sound the alarm and leave the building by the nearest exit.
- 2. Call the Fire Department by dialing #9-911. Give as much information as you can to the dispatcher. Do not hang up until the dispatcher tells you that he or she has all the information they need. The University Police number is 920-424-1212.
- 3. Do not attempt to put out fires or rescue others unless you can do so safely.
- 4. If there is smoke in the room drop to the floor and stay low. Smoke inhalation is often fatal. Feel the doorknob before the door. If hot, do not open the door. If cool, brace against the door and open slowly. If heat or heavy smoke is present, close the door and remain in the room.

### If you cannot leave your room or exit safely:

- 1. Remain calm. The room is designed to withstand fire for long periods of time. Seal up the cracks around the door using wet sheets, towels or clothing to prevent smoke entering the room.
- 2. Hang an object out of the window (sheet, jacket, or shirt) to attract the attention of the Fire Department. Call University Police #1212 or Fire Department #9-911 to report you are trapped and provide your location.
- 3. Stay near the window and low to the ground. A wet cloth will aid in breathing if smoke is in the room.

### If you can leave your room:

- 1. Take a wet cloth for your face to aid in breathing if you run into smoke.
- 2. Close the door behind you and take your keys.
- 3. Proceed to the nearest exit. Do not use the elevator to avoid becoming trapped. If the exit is blocked with smoke or fire, proceed to another exit. Keep low to the ground if smoke is present. Cover face with wet cloth and take short breaths.

Stand clear of building after evacuating and follow the directions of fire, police and residence hall personnel. Never re-enter a burning building.

#### **COACH AND CHAPERONE RESPONSIBILITIES**

Coaches and chaperones coming to Spring Games must accept and adhere to:

- I. Provide for the general welfare, safety, health and well-being of each Special Olympics athlete in your charge.
  - A. Make sure your athletes are properly attired for weather conditions.
  - B. Make sure your athletes are assembled at the proper time and place for the ceremony and competition events.
- II. Be thoroughly familiar with all of the information in this handbook.
- III. Provide the following specific services to each athlete in your care:
  - A. **Supervision 24 hours a day**, in cooperation with the other chaperones in your delegation.
  - B. Assistance in accounting for luggage and personal items at all times.
  - C. Assistance in getting to meals during scheduled times.
  - D. Assistance in reporting to competition areas at the proper times.
  - E. Assistance in taking full advantage of clinics and other events.
  - F. Making sure prescribed medications are taken at the proper times.
- IV. Dress and act at all times in a manner which will be a credit to Special Olympics and your delegation.
- V. Report all emergencies to appropriate authorities after taking immediate action to insure the health and safety of athletes.
- VI. Be aware of the location of the nearest medical service personnel.
- VII. Contact Nicole Christensen at the State Office prior to the scratch deadline at (608) 442-5670 if any Local Program requires special arrangements for physically handicapped participants or special diets.
- VIII. Be aware that the following are strictly prohibited anywhere within the UW-Oshkosh Campus:
  - A. The possession or use without a physician's prescription of any drugs defined as a "regulated drug" (including any narcotic, depressant, stimulant or hallucinogenic drug).
  - B. The possession or use of candles, lanterns, firearms, volatile solutions, explosives, fireworks or other dangerous materials.
  - C. The consumption of alcoholic beverages.

Any violations of the above will result in immediate expulsion from Spring Games.

#### **COACH CODE OF CONDUCT**

A coach's verbal and physical behavior reflects a positive and constructive attitude toward Special Olympics competition and toward those volunteers, coaches, officials and event coordinators whose time and efforts provide that competitive opportunity. This attitude reflects the confidence that decisions of the games committee and sports officials are made with the best interests of a fair, competitive experience in mind and are keeping with the goals and philosophies of Special Olympics.

A coach accepts the responsibility for the behavior of their athletes, parents and spectators both in and out of the competitive arena while attending a Special Olympics event. The coach should be recognized by their athletes, parents and spectators as the sole representative in dealing with the sports officials.

Should the behavior and/or attitude of any coach or faction of the member organization be contrary to these principles or to the goals and philosophies of Special Olympics, then one or more of the following steps may be taken by Special Olympics Wisconsin in an effort to alleviate the situation without further affecting Special Olympics athletes:

- 1. The coach may be notified of the undesirable behavior and requested to remedy the situation for continued participation.
- 2. The coach may be requested to withdraw personally, or as an organization, from the remainder of the event or tournament.

In the event of extreme or repeated behavior contrary to the best interests of Special Olympics, Special Olympics Wisconsin may:

- 1. Prevent the coach or organization from participating in any or all Special Olympics events for a specified period of time.
- 2. Prevent the coach or organization from participating in Special Olympics Wisconsin indefinitely.

Specific complaints against a coach or other factions of a member organization must be filed with the Special Olympics Wisconsin competitions director in writing. Such a written complaint will be signed by the head coach of the filing organization and cite specific behaviors inconsistent with the philosophy outlined in this section.

The state staff will meet to review a formal complaint and determine action for non-compliance with the code of conduct.

### IN RECOGNITION

#### THANK YOU TO THE 2023 GAMES MANAGEMENT TEAM

Shirley Beyer
Karen Clark
Dan Clark
Michael Clark, MD
Linda Dahl
Rachel Mordeszewski

Pat Geigel Debbie Hoff Laurie Hughes Tina Katzer Karla Kimlicka Jennifer Murphy Marc Nylen Rebecca Rausch Kathy Schult Karen VanDenBloomer Julie Wurl Kimberly Young

### THANK YOU TO THE LAW ENFORCEMENT TORCH RUN

On behalf of Special Olympics Wisconsin Staff and Athletes from across the state we sincerely want to thank all of the officers for their countless hours they put in every year. The athletes look forward to seeing you at their practices, tournaments and events! We wouldn't be the same without you!

The mission of the Law Enforcement Torch Run® for Special Olympics Wisconsin is to raise funds for and awareness of the Special Olympics movement. Special Olympics is a program which reaffirms our beliefs that with hope and dedication, we can see achievement and self-worth realized by any individual. It is our belief that persons with intellectual disabilities, by their involvement in Special Olympics, show the community at large there are no limits to human potential or the human spirit.



### SUPPORT THOSE THAT SUPPORT US















#### **FOLLOW SPECIAL OLYMPICS WISCONSIN**

Join our online community!

Twitter @sowisconsin
Facebook facebook.com/SpecialOlympicsWisconsin
YouTube youtube.com/sowisconsin
Flickr flickr.com/photos/specialolympicswisconsin/
Instagram instagram.com/sowisconsin/
LinkedIn special-olympics-wisconsin
TikTok @sowisconsin

Post photos using hashtags #SpringGames #sowi and #inclusion

# I am a Champion of Change.

I believe all people of all abilities are to be valued, respected, and included.

I believe all athletes of all abilities are to be celebrated.

I pledge to support Special Olympics Wisconsin athletes of today and tomorrow.

