



Free Health Screenings at State Summer Games! Friday & Saturday June 9 & 10th UW Whitewater

FREE health screenings! There will be three Healthy Athletes disciplines offered at Summer Games (SG), including Special Smiles and Health Promotions on Friday June 9 and Fit Feet on Saturday June 10, 2023. **We invite all athletes with a current medical on file with SOWI to the screenings, even if they are not competing at SG!**



Special Smiles® (funding provided by Delta Dental of Wisconsin Foundation) performs dental screenings to increase awareness of oral health. At the screening, dentists and hygienists identify oral problems, and athletes are provided with hygiene education as well as a “goody-bag” with dental care items and, if appropriate for the sport the athlete participates in, a free fitted mouth guard! **Athletes can receive a fluoride varnish application!**

When: Friday, June 9 from 9:30am – 3:30pm

Where: Williams Center Room 184, UW Whitewater



The **Health Promotion** venue includes health screenings to measure Body Mass Index (BMI), Bone Mineral Density (BMD) and Blood Pressure. A fun and colorful environment will feature interactive, educational and motivational activities to encourage the athletes to improve their nutrition, keep physically active and modify their daily habits to help reduce their risk for disease and improve sport performance. Volunteers will educate athletes on the importance of good eating for healthy bodies and strong bones, physical fitness, and smoking prevention. There will be fun give-a-ways for the athletes!

When: Friday, June 9 from 10:00am – 3:30pm

Where: Williams Center Room 183, UW Whitewater



Fit Feet conducts screenings of the medical wellness of athlete’s feet. Education on foot and nail care will be provided by podiatrists and podiatry students. Socks in a variety of men’s and woman’s sizes will be given away to athletes that attend Fit Feet (provided their size is in stock). We also have orthotics available for those athletes in need. Stop by the Fit Feet venue to take advantage of this fantastic service!

When: Saturday, June 10 from 9:30 a.m. to 2:00 p.m.

Where: Williams Center Room 183, UW Whitewater

We invite all athletes with a current medical on file with SOWI to the screenings, even if they are not competing at SG. More than 100 professional/medical volunteers will be waiting to see you in Whitewater!



The HEAR WI Mobile Audiology Clinic (MAC) will be available for free hearing screenings on Friday June 9th! MAC be parked in Lot 11 on Friday, June 9 from 8:30am-3:30pm for athletes, coaches, family and friends to receive a free hearing screen. HEAR WI staff are also available for hearing aid checks/cleaning. In addition, HEAR WI will have an assistive technology booth located in Victory Village. Stop by to try out the technology and talk to an expert who can help athletes that qualify receive assistive technology devices at no charge through a voucher.

All three Healthy Athlete disciplines have free athlete giveaways!

Health Promotion: water bottles, fitness items, sunglasses/sunscreen/UV chap stick/UV bracelets

Special Smiles: oral hygiene kit (includes automatic toothbrush while supplies last) & tumbler

Fit Feet: socks, orthotics (if athlete can benefit from them), & other SOWI logoed items

Thank you to Delta Dental of Wisconsin Foundation, the Golisano Foundation and CDC for making the Healthy Athletes program possible!



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