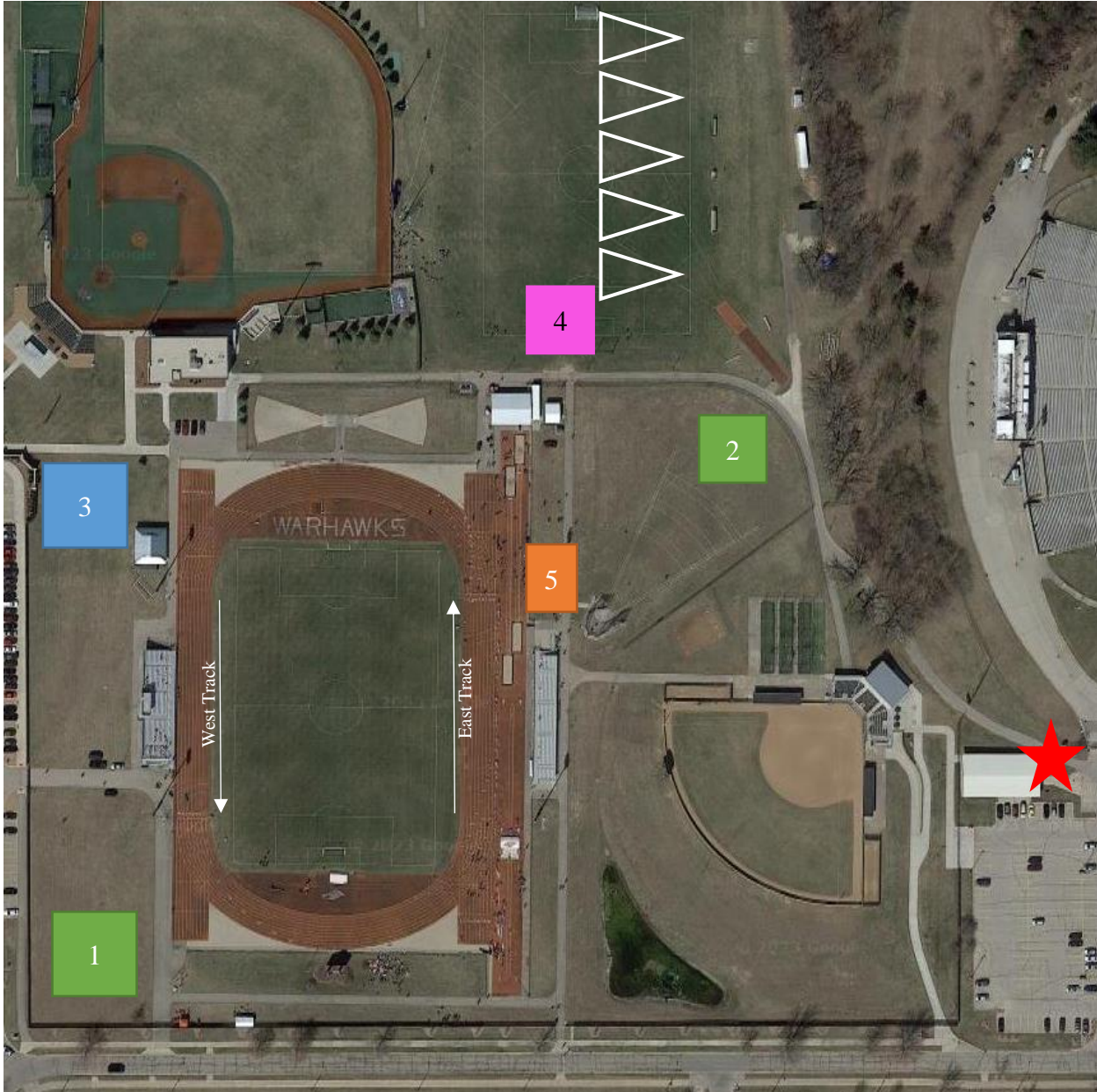




ATHLETICS (TRACK & FIELD)

Venue

All Track & Field competition will take place at the Foster Track (1048 West Schwager Dr, Whitewater).



1. Awards 1 Tent
2. Awards 2 Tent
3. Blue Staging (West Track)
4. Pink Staging (Mini Jav, Softball Throw, Shot Put)
5. Orange Staging (Jumps, East Track)

Competition Information

- WHCH indicates a wheelchair event.
- For events with few competitors, and with all relay events, age and gender groups may be combined to create competition. A “+” after an age signifies all who are that age and older.
- Relay teams must present its official entry relay card to stagers upon arrival at the tent.
- All track and field events will receive awards immediately following completion of the division.

Staging

Coaches are responsible to bring their athletes to the appropriate staging area when the event, division, or athlete name is called. Athletes will arrive to the staging area and be seated until it is time for them to compete. At that time, escorts will lead them to the event area. If an athlete is announced to be staged and is in competition, the coach must report the status of the athlete to the appropriate staging area. Competition should take priority over awards.

Wheelchair races will begin on Friday at 9:30 a.m. on the East Side of the Foster Track. Athlete staging will take place at the northeast corner entry to the track (right next to the Orange Staging Tent). Awards for wheelchair races will be presented on the track after the conclusion of all wheelchair races.

Awards

Awards for track and field events will be given at the end of competition for each division in either Awards 1 Tent or Awards 2 Tent. Participants are NOT expected to stay in the venue until awards are presented. If an athlete misses their awards presentation with their division, it will be presented to them and announced when they are available.

Times are approximate. Events may start early if running ahead of schedule.

Estimated Start Time (may run ahead)	West Track Events <i>Blue Staging Awards 1 Tent</i>	East Track Events <i>All WHCH races will be staged and awarded on the East Track</i>	Field Events <i>Throws – Pink Staging Jumps– Orange Staging Awards 2 Tent</i>
Friday, June 9, 2023 AM Shift			
8:30 a.m.	3000m Run		Softball Throw (Male 30+)
			Mini Jav (Male 30+)
	200m Walk		RLJ (Female 8+)
		WHCH 200m Open*	
		WHCH 25m Non-Motor Race*	
		WHCH 50m Motor Slalom*	Softball Throw (Male 22-29)
		WHCH 30m Non-Motor Slalom*	Mini Jav (Male 16-29)
		WHCH 30m Motor Slalom*	Softball Throw (Male 16-21)
		WHCH 100m Non-Motor Race*	RLJ (Male 8-21)
		WHCH 25m Motor OBT*	
	4 x 100m Walking Relay		Softball Throw (Male 12-15)
			RLJ (Male 22+)
	200m Run – Female		
	200m Run - Male		Softball Throw (Male 8-11)
			Mini Jav (Male 8-15)
		WHCH Shot Put	Softball Throw (Female 30+)

Start Time	West Track Events <i>Blue Staging</i> <i>Awards 1 Tent</i>	East Track Events <i>Orange Staging</i> <i>Awards 2 Tent</i>	Field Events <i>Throws – Pink Staging</i> <i>Jumps – Orange Staging</i> <i>Awards 2 Tent</i>
Friday, June 9, 2023 PM Shift			
12:30 p.m.	800m Run		SLJ (Male 22+)
			Mini Jav (Female 30+)
	800m Walk		Softball Throw (Female 22-29)
			SLJ (Male 16-21)
	100m Walk (Male 30+)		Softball Throw (Female 16-21)
			Mini Jav (Female 16-29)
	100m Walk (Male 8-29)		
	100m Walk (Female 30+)		SLJ (Male 8-15)
	100m Walk (Female 8-29)		
	25m Walk (Male)		SLJ (Female 16-21)
	25m Walk (Female)		
	400m Run (Female)		
	400m Run (Male 8-21)		SLJ (Female 22+)
	400m Run (Male 22+)		
	400m Walk		
	4 x 200m Relay		
Start Time	West Track Events <i>Blue Staging</i> <i>Awards 1 Tent</i>	East Track Events <i>Orange Staging</i> <i>Awards 2 Tent</i>	Field Events <i>Shot Put – Pink Staging</i> <i>Awards 2 Tent</i>
Saturday, June 10, 2023			
8:30 a.m.	1500m Walk		
	1500m Run		
	100m Run (Female 8-15)	50m Run (Female 8-15)	Shot Put (Male 12-21)
	100m Run (Female 16-21)	50m Run (Female 16-21)	Shot Put Male (22-29)
	100m Run (Female 22-29)	50m Run (Female 22-29)	Shot Put (Male 30+)
	100m Run (Female 30+)	50m Run (Female 30+)	
		50m Run (Male 8-15)	Shot Put (Female 12-21)
	100m Run (Male 8-15)	50m Run (Male 16-21)	Shot Put (Female 22-29)
	100m Run (Male 16-21)	50m Run (Male 22-29)	Shot Put (Female 30+)
	100m Run (Male 22-29)	50m Run (Male 30+)	
	100m Run (Male 30+)		
	4 x 100m Relay		
	4 x 100m Unified Relay		
	4 x 400m Relay		